

OPEN ENDED TRAP BAR

The Open Ended Trap Bar has an open-sided frame to allow users to step in and out of the bar with ease. The bar can be used for a variety of movements including; lunges and carries.

KEY FEATURES:

- Knurled center portion
- 1 1/4" knurled handles



Overall Dimensions:

76 31/32" (L) x 23 1/2" (H) 68 lbs. (Empty Weight)

Part Number:

18883A



